





# **Original Research**

J. Food Bioact. 2022;17:34–48

# *In silico* investigation of molecular targets, pharmacokinetics, and biological activities of chicken egg ovalbumin protein hydrolysates

Toluwase Hezekiah Fatokia\*, Rotimi E. Aluko<sup>b,c</sup> and Chibuike C. Udenigwe<sup>d,e</sup>

<sup>a</sup>Department of Biochemistry, Federal University Oye-Ekiti, PMB 373, Oye-Ekiti, Ekiti State, Nigeria

<sup>b</sup>Department of Food and Human Nutritional Sciences, University of Manitoba, Winnipeg, MB R3T 2N2, Canada

eRichardson Centre for Functional Foods and Nutraceuticals, University of Manitoba, Winnipeg, MB R3T 2N2, Canada

<sup>d</sup>School of Nutrition Sciences, Faculty of Health Sciences, University of Ottawa, Ottawa, ON K1H 8M5, Canada

eDepartment of Chemistry and Biomolecular Sciences, Faculty of Science, University of Ottawa, Ottawa, ON K1N 6N5, Canada

\*Corresponding author: Toluwase Hezekiah Fatoki, Department of Biochemistry, Federal University Oye-Ekiti, PMB 373, Oye-Ekiti, Ekiti State, Nigeria. E-mail: toluwase.fatoki@fuoye.edu.ng

DOI: 10.31665/JFB.2022.17302

Received: March 06, 2022; Revised received & accepted: March 26, 2022

**Citation:** Fatoki, T.H, Aluko, R.E., and Udenigwe, C.C. (2022). *In silico* investigation of molecular targets, pharmacokinetics, and biological activities of chicken egg ovalbumin protein hydrolysates. J. Food Bioact. 17: 34–48.

# Abstract

Food-derived bioactive peptides are promising ingredients for developing functional foods and nutraceuticals due to their putative safety, low cost, and multiple health benefits. Chicken egg is considered a major source of dietary protein, lipids, vitamins, and minerals but is also highly allergenic. The aim of this work was to investigate the inherent bioactive properties of chicken ovalbumin peptides using *in silico* approaches. Ovalbumin was *in silico* hydrolyzed with gastrointestinal proteases (chymotrypsin, trypsin, and pepsin) and results indicated cleavage of the most allergenic protein with an overall 36.62% theoretical degree of hydrolysis, consisting of 132 fragments of which 65 were di-, tri-, tetra- or oligopeptides. The most represented biological targets obtained for these peptides include HLA class I histocompatibility antigen A-3, E3 ubiquitin-protein ligase XIAP, and angiotensin-converting enzyme. Notably, peptides AIVF and AVL were found to have multi-target potentials. Gene enrichment analysis showed interaction of these peptides with some kinases and transcription factors. Overall, results from binding affinity, pharmacokinetics and physicochemical properties, and therapeutic activity showed that PGF, SSL, GGL, AVL, VY, and IL are promising peptide candidates for further studies. These results are important in the design of peptide-based functional foods and therapeutic products devoid of allergenic property of ovalbumin.

Keywords: Ovalbumin; Hydrolysate; Bioactive peptides; Docking; Pharmacokinetics; Therapeutic potential; In silico.

# 1. Introduction

Proteins are integral food components that provide nutritional, technological, and functional properties. Bioactive peptides (BAPs) are amino acid chain fragments that are generated during proteolytic cleavage or maturation of functional proteins and exhibit similar or unrelated biological properties in comparison to the parent protein (Iavarone et al., 2018). Food-derived BAPs are short sequences of 2–20 amino acids that are embedded within the primary structure of dietary proteins (Manzanares et al., 2019). Nor-

mally, these peptide sequences are inactive within the precursor protein but can be activated during food processing or enzymatic hydrolysis (Daliri et al., 2017). The precise functions of these peptides depend on their amino acid composition, sequence, and chain length in addition to physicochemical properties (Sánchez and Vázquez, 2017). Food-derived BAPs are promising ingredients for developing functional foods and nutraceuticals due to their putative safety, low cost, and multiple health benefits (Udenigwe and Aluko, 2012). A growing body of scientific evidence indicates that peptides regulate several physiological processes and act as antidiabetic, antihypertensive, antimicrobial, antioxidant, antican-

cer, and immunomodulatory agents (Antony and Vijayan, 2021; Chalamaiah et al., 2018). Consequently, the study of food protein hydrolysates has become a popular area in biochemical and nutritional research (Famuwagun et al., 2020, 2021; Wu et al., 2020; Girgih et al., 2015).

BAPs have been isolated from food sources, including animal (milk, egg, cheese, yoghurt, and meat), vegetable (pulses, lentils, nuts, wheat, rice, oat, and flaxseeds), and marine organisms (fish, tuna, salmon, squid, oyster, and crabs) proteins (Antony and Vijayan, 2021). BAPs are released from food proteins by exogenous or endogenous proteases, or microbial fermentation (Xu et al., 2019). *In vitro, in vivo or in silico* enzymatic hydrolysis can also be used for BAPs preparation. To produce BAPs with specific activity, proteases with broad cleavage specificity are used for proteolysis, e.g., bromelain, ficin, and papain from plant sources; chymotrypsin, pepsin, trypsin, and pancreatin from animal sources; and Alcalase, collagenase, Flavourzyme, Neutrase, pronase, proteinase K, and subtilisin A from microbial sources (Jakubczyk et al., 2020; Yada, 2017).

Eggs are widely consumed globally and *Gallus gallus* (chicken) egg is one of the most preserved natural products that is considered a major source of proteins, lipids, vitamins, and minerals (Abeyrathne et al., 2013). The egg yolk consists of lipovitellins (36%), livetins (38%), phosvitin (8%), low-density lipoproteins (17%), and carotenoids (1%), which impart the yellow color (Nolasco et al., 2019; Abeyrathne et al., 2013). The constituent major proteins in egg white are ovalbumin (60–65%), ovotransferrin (12%), ovomucoid (11%), lysozyme (3.5%), and ovomucin (3.5%), while avidin (0.05%), cystatin (0.05%), ovomacroglobulin (0.5%), ovoflavoprotein (0.8%), ovoglycoprotein (1.0%), and ovoinhibitor (1.5%) are the minor proteins (Guerin-Dubiard et al., 2006; Kovacs-Nolan et al., 2005; Stein et al., 1991).

Egg white ovalbumin belongs to the serpins superfamily found in animals, plants and viruses, and they probably evolved from a serine protease inhibitor; example of serpins include plasma inhibitors, hormone-binding globulins, and angiotensinogen (Stein et al., 1991). Ovalbumin is a glycoprotein with a molecular weight of □45 kDa. It lacks the recognized protease inhibitory activity despite having 30% sequence identity with antitrypsin and similarity with other functional inhibitors of the serpin family (Stein et al., 1991). Chicken ovalbumin (Gene ID: SERPINB14) consists of 386 residues and functions as a storage protein and mediator of biological processes such as amino acid and ion homeostasis, and negative regulation of endopeptidase activity (https://www. uniprot.org/uniprot/P01012).

Several tools are now available for efficient proteomic studies (Guerin-Dubiard et al., 2006), especially, bioinformatics methods for predicting the potential sequence of bioactive peptides. In silico methods are used to study bioactive peptides from various plants and animals due to their cost-effectiveness, timeliness, and dependability (Agyei et al., 2018). For instance, a whole peptidomics and bioinformatics study of chicken egg white revealed the presence of 43 novel antidiabetic peptides based on homologous sequence motifs identified in other food-derived peptides (Arena et al., 2020). According to Majumder and Wu (2010), novel peptides could be identified by the use of quantitative structureactivity relationship (OSAR) and bioinformatics. An overview of the application of in silico methods for the generation of food protein-derived BAPs has been provided in recent reviews by Agyei et al. (2018) and FitzGerald et al. (2020). The current research work fills the gap in knowledge in the previous studies on chicken egg white (Zhao et al., 2020; Salim and Gan, 2020) by addressing the pharmacokinetic profiles, molecular targets affinity, and biological activities of potential BAPs. Therefore, the aim of this work was to investigate the inherent pharmacological properties of ovalbumin using *in silico* approaches to release and identify BAPs that could be used to formulate functional foods and therapeutic products.

# 2. Materials and methods

#### 2.1. Protein hydrolysis and bioactivity assessment

The sequence of ovalbumin from Gallus gallus (chicken), with the gene name: SERPINB14 and UniProt ID: P01012, was obtained from the protein sequence database UniProt (www.uniprot.org) in FASTA format. Enzymatic hydrolysis of ovalbumin was achieved using BIOPEP-UWM (http://www.uwm.edu.pl/biochemia/index. php/en/biopep), which performs enzymatic hydrolysis and bioactivity prediction based on known BAPs in the database (Minkiewicz et al., 2019). Simulated combined digestion was done in BIOPEP-UWM using gastrointestinal (GI) enzymes, such as chymotrypsin (EC 3.4.21.1), trypsin (EC 3.4.21.4), and pepsin, pH 1.3 (EC 3.4.23.1). The theoretical degree of hydrolysis (DH) was calculated from the equation:  $TDH = [d/D] \times 100\%$ , where d is number of hydrolyzed peptide bonds and D is total number of peptide bonds in a protein chain. Potential biological activity of the released peptides was determined using the appropriate BIOPEP-UWM tool.

# 2.2. Target prediction

Target prediction was conducted using the sequence of 65 peptides obtained from the *in silico* enzymatic hydrolysis (Table s1) as well as the sequence of 6 selected peptides with potential biological activity from the result of initial screening on BIOPEP-UWM to serve as control. The amino acid sequence was converted to a structure format called Simplified Molecular Input Line Entry Specification (SMILES) using PepSMI (https://www.novoprolabs. com/tools/convert-peptide-to-smiles-string) as described by Fatoki et al. (2020a). *In silico* prediction of target was done using SwissTargetPrediction (STP) (http://www.swisstargetprediction. ch/), where *Homo sapiens* was selected as the target organism (Diana et al., 2019), and selection was made based on a minimum of 25% probability. Lastly, Super-PRED (SP) was used to predict targets that are not analyzable on STP (https://prediction.charite. de/subpages/target prediction.php).

# 2.3. Peptide-peptide docking simulations

Based on the results obtained from the target prediction, proteinpeptide docking was done using HPEPDOCK (https://huanglab. phys.hust.edu.cn/hpepdock/) (Zhou et al., 2018) at default setting, using the protein structure in PDB format and the peptide sequence in FASTA format. PyMOL software v2.0.7 was used for visualizing the three-dimensional interactions of the protein-peptide complexes. Binding energy of the protein-peptide complex was calculated using Prodigy (https://bianca.science.uu.nl/prodigy/) (Xue et al., 2016).

# 2.4. Target gene expression analyses

Twenty genes were obtained from target prediction results for

M - GSIGAASM - EF - CF - DVF - K - EL - K - VH - H - AN - EN - IF - Y - CPIAIM - SAL - AM -VY - L - GAK - DSTR - TQIN - K - VVR - F - DK - L - PGF - GDSIEAQCGTSVN - VH - SSL - R -DIL - N - QITK - PN - DVY - SF - SL - ASR - L - Y - AEER - Y - PIL - PEY - L - Q CVK - EL - Y -R - GGL - EPIN - F - QTAADQAR - EL - IN - SW - VESQTN - GIIR - N - VL - QPSSVDSQTAM -VL - VN - AIV F - K - GL - W - EK - AF - K - DEDTQAM - PF - R - VTEQESK - PVQM - M - Y -QIGL - F - R - VASM - ASEK - M - K - IL - EL - PF - ASGTM - SM - L - VL - L - PDEVSGL - EQL - ESIIN - F - EK - L - TEW - TSSN - VM - EER - K - IK - VY - L - PR - M - K - M - EEK - Y - N - L - TSVL - M - A M - GITDVF - SSSAN - L - SGISSAESL - K - ISQAVH - AAH - AEIN - EAGR -EVVGSAEAGVDAASVSEEF - R - ADH - PF - L - F - CIK - H - IATN - AVL - F - F - GR - CVSP

Figure 1. Fragments of ovalbumin released by the action of the GI enzymes, chymotrypsin, trypsin, and pepsin.

25 ovalbumin peptides. The gene IDs (FPR2, CTSB, CAPN1, FURIN, CFB, HLA-A, FNTA, FNTB, PTGS2, ACE, OPRM1, IT-GAV, SLC5A1, HMGCR, BACE1, YARS1, DPP4, XIAP, TACR1, and OPRD1) were the basis for expression network analyses (transcription factor enrichment analysis, protein-protein interaction network expansion, and kinase enrichment analysis), using eX-pression2Kinases (https://maayanlab.cloud/X2K/) (Clarke et al., 2018), where 'human' was listed as the background organism.

# 2.5. Pharmacokinetics and physicochemical properties prediction

The active peptides (peptides with predicted target) were subjected to *in silico* Absorption, Distribution, Metabolism, and Excretion (ADME) screening on SwissADME (http://www.swissadme.ch/) at default settings (Diana et al., 2017). Potential toxicity of the peptides was predicted by virtual scanning using ToxinPred (https://webs.iiitd.edu.in/raghava/toxinpred/multi\_submit.php; Gupta et al., 2013). Hemolytic or red blood cell (RBC) lysing potential of the peptides was estimated using HemoPI (https://webs.iiitd.edu. in/raghava/hemopi/), which was also used to calculate the theoretical isoelectric point (pI), hydrophobicity, hydropathicity, hydrophilicity, and net charge at pH 7.

# 2.6. Prediction of therapeutic potential of the peptides

Therapeutic potential, including anticancer, antimicrobial, antiviral, antioxidant, anti-inflammatory. antihypertensive and antidiabetic activities, of the ovalbumin peptides was conducted using (i) iAMPpred (http://cabgrid.res.in:8080/amppred/; Meher et al., 2017) for antimicrobial (antibacterial, antiviral and antifungal peptides), (ii) PreAIP (http://kurata14.bio.kyutech.ac.jp/PreAIP/; Khatun et al., 2019) for anti-inflammatory properties, (iii) AntiCP server virtual screening (https://webs.iiitd.edu.in/raghava/anticp/ multi\_pep.php) for anticancer properties (Tyagi et al., 2013), and (iv) AodPred web-server (http://lin-group.cn/server/AntioxiPred, Feng et al., 2016) for antioxidant peptides. Peptide sequence in FASTA format was used for all the analyses.

#### 3. Results

# 3.1. Protein hydrolysis

*In silico* hydrolysis of ovalbumin yielded 132 fragments from the combined actions of GI proteases (chymotrypsin, trypsin, and pepsin), which hydrolyzed 141 of the 385 peptide bonds in the

protein (Figure 1) resulting in a theoretical degree of hydrolysis of 36.62%. Several biologically active peptides were screened on BIOPEP-UWM for intact (unhydrolyzed) and hydrolyzed ovalbumin sequences having potential antioxidative, antihypertensive, antidiabetic, hypolipidemic and kinase activities, as shown in Tables 1 and 2. Only 65 of the 132 fragments from hydrolyzed ovalbumin with two or more amino acid residues and six most active peptides from the unhydrolyzed screening were selected for further analyses (Table s1).

# 3.2. Target prediction

Eighteen targets were selected for further studies based on a minimum score of 25% probability as shown in Table 3. After analysis, the most represented targets obtained (with their UniProt ID) were HLA class I histocompatibility antigen A-3 (P04439), E3 ubiquitin-protein ligase XIAP (P98170), and angiotensin-converting enzyme (P12821), while peptides that have multi-target potentials were AIVF and AVL. Peptide CPIAIM had the highest (60%) probability of target for protein farnesyltransferase (P49354, P49356); LPF (90%), AIVF (85%) and PIL (75%) for E3 ubiquitin-protein ligase XIAP (P98170); GGL (70%) for cyclooxygenase-2 (P35354); PIL (75%) for dipeptidyl peptidase IV (P27487); and VY (60%) for tyrosyl-tRNA synthetase (P54577). The hydrolysate peptides GDSIEAQCGTSVN, QPSSVDSQTAM, and EV-VGSAEAGVDAASVSEEF could not be analyzed on SwissTargetPrediction due to their bulkiness, thus Super-PRED (SP) was used. The result showed that the three bulky peptides could target cathepsin D (P07339), delta opioid receptor (P41143), caspase-1 (P29466), cyclooxygenase-2 (P35354), and others.

#### 3.3. Target gene expression network

Results from the enrichment analysis based on the hypergeometric ( $-\log_{10}$ ) p-value (Figure 2) showed that the peptides targeted the expression of kinases (Gene ID, UniProt ID), including casein kinase II subunit alpha (CK2ALPHA/CSNK2A1, P68400), mitogenactivated protein kinases (MAPK1/ERK2, MAPK3/ERK1, and MAPK14; P28482, Q16539), and homeodomain-interacting protein kinase 2 (HIPK2, Q9H2X6). In addition, the peptides targeted the expression of transcription factors, including signal transducer and activator of transcription 3 (STAT3, P40763), nuclear factor erythroid 2-related factor 2 (NFE2L2, Q16236), protein C-ets-1 (ETS1, P14921), erythroid transcription factor (GATA1, P15976), transcription factor PU.1 (SPI1, P17947), interferon regulatory factor 8 (IRF8, Q02556), transcriptional regulator ERG (ERG, P11308), and polycomb protein SUZ12 (SUZ12, Q15022). The lower the hypergeometric p-value, the better the enrichment.

			Biolog	ical activity			
Alpha-	amylase inhibitor	A	CE inhibitor	An	tioxidative		Others
Peptide	Sequence location	Peptide	Sequence location	Peptide	Sequence location	Peptide	Sequence location
KLPGF	64–68	VSP	396–398	VHH	21–23	LPF*	239–241
EVSGL	257–261	ILP	116–118	VHHANEN	21–27	YNL**	300–302
QITKPN	92–97	LVL	251–253	SALAM	37–41	YLG***	43-45
AEAGVD	356–361	LQP	166–168	LWE	190–192	GLF****	222–224
EAGVD	357–361	LLP	253–255	AEERYP	110–115	SSS****	318–320
NVLQPS	164–169	VFK	15–17	DEDTQAMP	197–204		
LEPINF	134–139	LPG	65–67	GAA	5–7		
ANENIF	24–29	FCF	11–13	KGLWE	188–192		
QIGLF	220–224	FFGR <b>CVSP</b>	391–398	LFC	378–380		
HAEIN	342–346	ERKIKVYL	284–291	NEN	25–27		
DHPFLF	374–379	FGR <b>CVSP</b>	392–398	SVL	304–306		
		NIFYCP	27–32	YNL	300-302		
		YAEERYPIL	109–117	YLG	43-45		
		QIGLF	220–224				
		LPF	239–241				
		AVL	388–390				
		LFR	223–225				
		IFY	28–30				
		VVR	57–59				
		LKISQ	332–336				
		INKVVR	54–59				
		VYLPRM	289–294				
		KLP	64–66				
		INKV	54–57				
		SQAVH	335–339				
		QAVHA	336–340				
		lt <b>svl</b> ma	302–308				
		SLR	85–87				
		YNL	300-302				
		LVLL	251–254				

Table 1. Predicted peptides (with minimum of three amino acid residues) of intact ovalbumin (UniProt ID: P01012) with potential biological activity from BIOPEP-UWM

\*Anti-inflammatory, \*\*Renin inhibitor, \*\*\*Anxiolytic-like peptide, \*\*\*\*Immuno-stimulating peptide, \*\*\*\*Stimulating vasoactive substance release. Bolded = reported in literature. Blue = multiple biological activities. Purple = component of other peptides of the same biological activity.

# 3.4. Peptide-peptide docking simulations

The best models obtained from HPEPDOCK scores (Table s2) were used for calculation of binding free energy ( $\Delta$ G) and dissociation constant on PRODIGY. Figure 3 shows the binding of selected peptides (number) to protein targets (alphabet), visualized using PyMOL. The binding free energy result of the protein-protein docking for each of the ovalbumin peptides and their corresponding targets is shown in Table 4. The results of this study showed

that peptide SGISSAESL has the highest binding free energy ( $\Delta G$ , -9.6 kcal.mol<sup>-1</sup>) for HLA class I histocompatibility antigen A-3 (PDB ID: 1AKJ), followed by GSIGAASM ( $\Delta G$ , -8.5 kcal.mol<sup>-1</sup>). GIIR, PGF and AVL have highest binding free energy ( $\Delta G$ , -8.9 kcal.mol<sup>-1</sup>) for furin (PDB ID: 6HLD), angiotensin-converting enzyme (PDB ID: 4C2N) and dipeptidyl peptidase IV (PDB ID: 3Q8W) respectively. QTAADQAR has a binding free energy ( $\Delta G$ ) of -8.9 kcal.mol<sup>-1</sup> for integrin alpha-V/beta-3 and alpha-5/beta-1 (PDB ID: 4O02) while GITDVF has a binding free energy ( $\Delta G$ ) of

In silico investigation of chicken egg ovalbumin protein hydrolysates

Table 2	Ovalbumin hydrol	vsate nentides that	were predicted to b	e biologically active	on BIOPEP-LIWM
Idule 2.	Ovalbuillin liyuroi	ysale peplides liial	were predicted to b	e biologically active	OII DIOPEP-OVVIVI

Biological activity	Peptide
ACE inhibitor	VY, PR, AF, IF, GL, GR, SF, CF, EK, IL, AVL, VVR, VM, EF
Antioxidative	EL, VY
CaMPDE or Renin inhibitor	EF, SF
Glucose uptake stimulating peptide	VL, IL
Dipeptidyl peptidase IV inhibitor (DPP IV inhibitor)	EK, SL, GL, AF, IL, IN, PF, SF, SW, VH, VL, VN, VM, VY
Dipeptidyl peptidase III inhibitor (DPP-III inhibitor)	PR, PF, VY
Hypolipidemic peptide	EF
Regulator of phosphoglycerate kinase activity	SL

Bolded = peptides with multiple biological activity.

# Table 3. Protein targets of ovalbumin protein hydrolysates predicted from SwissTargetPrediction

	Hydrolysate pep-		-	-			9	% Prol	babilit	y of Pr	edicte	d Tar	gets		-				
α	tides (Ligands)	Α	В	С	D	Е	F	G	н	I.	J	к	L	М	N	0	Р	Q	R
1	GSIGAASM	25																	
3	CPIAIM	35	60																
4	SAL	25																	
5	GAK	35		30	30														
8	VVR					40	30												
9	PGF							40	35	25									
11	SSL	25																	
13	QITK										25								
17	PIL							75		50		75							
20	GGL								70										
22	QTAADQAR												50						
24	GIIR						55												
26	AIVF		25					85	30	35				35	35/30				
29	PVQM		45																
30	QIGL							50		25		45							
42	GITDVF															35	25		
44	SGISSAESL	60																	
53	AVL	25		25				40	50	45		40							
55	VY			40							50							60	
60	IL			25						25									
67	YLG									25					40/60				
68	LPF							90		30					50/30				
69	QIGLF							55		25									
70	VSP									25	35								45
71	LWE									50									

α indicates active peptide from serial number listed in the supplementary file Table s1, where peptides 1–65 were peptides obtained from enzymatic hydrolyzed protein, and peptide 66-71 were the most active peptides obtained from the unhydrolyzed protein screening. A: HLA class I histocompatibility antigen A-3 (P04439). B: Protein farnesyltransferase (P49354 P49356). C: Calpain 1 (P07384). D: Cathepsin (B and K or D) (P07858 or P07339). E: Complement factor B (P00751). F: Furin (P09958). G: Inhibitor of apoptosis protein 3 (E3 ubiquitin-protein ligase XIAP) (P98170). H: Cyclooxygenase-2 (P35354). I: Angiotensin-converting enzyme (P12821). J: Lipoxin A4 receptor (N-formyl peptide receptor 2) (*by homology*) (P25090). K: Dipeptidyl peptidase IV (P27487). L: Integrin alpha-V/beta-3 and alpha-5/beta-1 (P06756 P05106 and P05556 P08648). M: Neurokinin 1 receptor (*by homology*) (P25103). N: Mu/Delta opioid receptors (*by homology*) (P35372/P41143). O: Beta-secretase 1 (P56817). P: HMG-CoA reductase (P04035). Q: Tyrosyl-tRNA synthetase (P54577). R: Sodium/glucose cotransporter 1 (P13866).



Figure 2. eXpression2Kinases Network showing overall interactions of intermediate proteins, kinases and transcription factors with high hypergeometric ( $-log_{10}$ ) p-value.

-8.4 kcal.mol<sup>-1</sup> for beta-secretase 1 (PDB ID: 20HM).

# 3.5. Pharmacokinetics and physicochemical properties

The results in Table 5 show that peptides PGF, PIL, GGL, AVL,

VY, IL and LPF have high gastrointestinal absorption (GA) rate. PGF, SSL, GGL, AVL, VY, IL and some other peptides were predicted not to be substrates for P-glycoprotein (P-gp). None of the peptides in this study was predicted to cross the blood-brain barrier or inhibit cytochrome P450 enzymes. The bioavailability score (BS) of PGF, SSL, PIL, GGL, AIVF, AVL, VY and some others



Figure 3. Binding interaction between selected peptides (number) and protein targets (alphabet) as shown in Table 4 and visualized using PyMOL.

Table 4. Predict	عindin <u>ع</u>	genergy and	dissociatic	n const	ant of the pro	tein-pro	tein comple	exes obtaine	d from PROD	IGY							
Hydrolysa	ţ				Predicted B	inding	Energy AG	i (kcal.mol <sup>-</sup>	<sup>1</sup> ), Dissociat	ion Const	tant K <sub>d</sub> (	10 <sup>-7</sup> M) a	it 25.0 °C				
α peptides (Ligands)	٩	в	U		ш	U	т	_	-	¥	_	Σ	z	0	٩	ď	ĸ
1 GSIGAASIV	1 -8.5, 6.2																
3 CPIAIM	-8.3, 8.2	-9.6, 0.93															
4 SAL	-7.9, 17.0																
5 GAK	-7.5, 29.0		-6.7, 120.0	-7.7, 21.0													
8 VVR					-7.2, -7.5 56.0 17.0	м, с											
9 PGF						-7	3, -6.5, 0 180.0	-8.9, 2.9									
11 SSL	-8.6, 5.0																
13 QITK									-5.9, 450.0								
17 PIL						-7	m C	-7.7, 21.	0	-8.4, 7.2							
20 GGL							-8.3, 8.2										
22 QTAADQAI	œ										-8.9, 2.9						
24 GIIR					-8.9	Ő,											
26 AIVF		-8.8, 3.4				-8. 13.(	), -8.1, ) 12.0	-7.8, 19.	0			-5.6, 820.0	-7.6, 27.0				
29 PVQM		-8.3, 8.2															
30 QIGL						-7 29.(		-8.2, 9.3		-8.5, 5.4							
42 GITDVF														-8.4, 7.2	-5.9, 460.0		
44 SGISSAESL	-9.5, 1.1																
53 AVL	-6.8, 100.0		-4.8, 2800.0			-7.	3, -8.0, 0 13.0	-8.3, 8.2		-8.9, 2.8							
55 VY			-5.1, 1800.0						-4.1, 9700.0							-5.3, 1200.0	

Journal of Food Bioactives | www.isnff-jfb.com

lable 4. Predicted	lipudi	ng energy an	d dissociat	ion cons	tant of i	the prote	in-protei	n compl	exes obtained	trom PRO	DIGY - (0	ontinued)						
Hydrolysate					Predi	cted Bir	Iding En	ergy 🕰	3 (kcal.mol <sup>-1</sup> )	, Dissoci	ation Co	nstant K <sub>c</sub>	(10 <sup>-7</sup> M)	at 25.0 °	U			
α peptides (Ligands)	٩	8	U	٥	ш	ш	U	т	-	-	¥	_	Σ	z	ο	4	Ø	R
60 IL			-4.8, 2800.0						-7.9, 17.0									
67 YLG									-7.6, 27.0					-5.7, 670.0				
68 LPF							-7.2, 53.0		-7.5, 29.0					-6.2, 280.0				
69 QIGLF							-8.0, 13.0		-8.0, 13.0									
70 VSP									-8.0, 13.0	-5.2, 1500.	0							-6.7, 120.0
71 LWE									-8.0, 13.0									
x indicates active pe ained from the unhy 3 (20K5). F: Furin (6i ormyl peptide recep ιomology) (AF-P353:	otide frc drolyze 1LD). G: tor 2) <i>(t</i> 72-F1-m	m serial numl d screening. A Inhibitor of al <i>v homology</i> ) ( odel_v2). O: E	oer listed in t : HLA class I ł optosis prot (6LW5). K: Dij 8eta-secretasi	he supple nistocom ein 3 (E3 peptidyl <sub>F</sub> e 1 (20H	ementary batibility ubiquitir beptidase M). P: HI	file Table antigen A- -protein li IV (3Q8W MG-CoA re	s1, where   3 (1AKJ). B gase XIAP) ). L: Integr :ductase ( <i>i</i>	peptides : : Protein † (AF-P981 in alpha-V AF-P0403!	1–65 were pepti farnesyltransfera .70-F1-model_v2 //beta-3 and alp 5-F1-model_v2).	des obtaine se (2H6I). C ). H: Cycloc 1a-5/beta-1 Q: Tyrosyl-	d from enz :: Calpain 1 xygenase-; (4002). N tRNA synth	ymatic hydr (AF-P07384 2 (5KIR). I: A 1: Neurokini hetase (4QB	olyzed prot 4-F1-model ngiotensin n 1 receptc T). R: Sodiu	tein, and pe _v2). D: Cat -converting or <i>(by homo</i> 1m/glucose	ptide 66–7 hepsin (B a enzyme (4 <i>logy)</i> (6HL cotranspo	11 were the and K) (2PB .C2N). J: Lip O). N: Mu/l rter 1 (AF-l	e most active   8H). E: Comple Doxin A4 recer Delta opioid ri P13866-F1-mu	peptides ob- ement factor otor (human eceptors (by odel_v2). AF

were 0.55. QTAADQAR and SGISSAESL have low BS but high synthetic accessibility (SA). The results in Table 6 show that all the peptides in this study are non-toxic and non-hemolytic, and that PGF, SSL, PIL, GGL, QTAADQAR, AIVF, AVL, VY, IL and some other peptides have zero net charge.

# 3.6. Therapeutic potential of the peptides

Table 7 shows that peptides CPIAIM, PGF, PIL, GGL, GIIR, QIGL, IL and LPF have antimicrobial properties, including antibacterial, antiviral, and antifungal activities. In addition, GSI-GAASM, GAK, GGL, GIIR and GITDVF were predicted to have no anticancer activity. Only GIIR and QIGLF were predicted to have anti-inflammatory activity, while all of the peptides were predicted to have no antioxidant activity.

#### 4. Discussion

represent Alphafold monomer v2.0 prediction obtained from UniProt structure section for each of the selected proteins, while structures of other proteins were obtained from RCSB protein databank.

*In silico* hydrolysis of ovalbumin by the three GI proteases yielded hydrolysates containing several di-, tri-, tetra-, and oligo peptides (Figure 1). The screening results show the release of several peptides with potential therapeutic activities. The potential allergen peptide sequence (f323-339) was hydrolyzed by the GI protease treatment of ovalbumin in this study, and this would prevent production of interleukin-4 (IL-4) and the subsequent T-helper 2 (Th2) cytokine responses, which play critical roles in inducing food allergy inflammation (Nakajima-Adachi et al., 2006). Immunotherapy with hydrolysates of ovalbumin (OVA) and egg white (EW) produced with pepsin was reported to stimulate tolerance development in BALB/c mice allergic to EW more efficiently than treatment with the intact allergens, based on the induction of Treg (T) cells (Lozano-Ojalvo et al., 2017, 2019).

The T cell receptor (TCR) cross-reactivity between major histocompatibility complex II (MHCII)-binding to self and foreign peptides, such as nonamer peptides within f327-338 of ovalbumin, could influence the naïve CD4<sup>+</sup>T cell repertoire and autoimmunity (Nelson et al., 2015). Allergen peptide sequence f323-339 has been found to be a dominant determinant of CD4<sup>+</sup>T cells from egg allergy patients (Shimojo et al., 1994). CD4<sup>+</sup>T cells critically regulate the antigen-specific immune responses in food allergy or tolerance induction by recognizing the epitope peptides presented by MHC class II molecules (Nakajima-Adachi et al., 2012; Blazquez et al., 2010). Five distinct regions of chicken egg ovalbumin that contain dominant allergic immunoglobulin E (IgE) epitopes include L38-T49, D95-A102, E191-V200, V243-E248 and G251-N260 (Mine and Rupa, 2003). The hydrolysis of these regions by GI enzymes in this study produced several new active and inactive peptides (Figures s1 and s2). It is thought that only hydrolysis can completely eliminate the allergenic potential of a protein (Verhoeckx et al., 2015; 2019). Therefore, allergic reaction to ovalbumin in humans could be a result of defect in the structure and function of GI proteases. This is in line with a previous hypothesis linking resistance to digestion and allergenicity, in terms of defect in protease secretion and changes in the pH of gastric acid in disease state (Untersmayr and Jensen-Jarolim, 2008; Bernasconi et al., 2006; Untersmayr et al., 2003; Astwood et al., 1996). A previous study on intact ovalbumin immunotherapy subcutaneously performed in ovalbumin (OVA)-sensitized mice model of allergic asthma showed significantly reduced OVA-specific IL-4 and IL-5 production, and increased serum levels of OVA-specific IgG1, while OVA-specific IgG2a and IgE levels were not affected (Jans-

Table 5	. Predicted pharmacc	kinetics prop	erties of ovalb	oumin protein l	hydrolysate									
	and a start of the					Pro	edicted ADME Pa	Irameter						
ಶ	Hydrolysate pep- tides (Ligands)	MM	MR	TPSA (Ų)	Log P	ESOL Log S	ESOL Class	GIA	BBB	P-gp	CYPs Inhibitor	Log Kp (cm/s)	BS	SA
Ч	GSIGAASM	692.78	167.31	332.78	-3.05	1.38	Highly soluble	Low	No	Yes	No	-14.58	0.17	6.10
m	CPIAIM	646.86	173.61	264.13	0.4	-0.78	Very soluble	Low	No	No	No	-11.99	0.17	6.06
4	SAL	289.33	71.44	141.75	-1.39	1.14	Highly soluble	Low	No	No	No	-10.44	0.55	3.20
ß	GAK	274.32	68.18	147.54	-1.54	1.79	Highly soluble	Low	No	No	No	-10.91	0.55	2.89
∞	VVR	372.46	98.61	183.42	-1.14	1.57	Highly soluble	Low	No	Yes	No	-11.72	0.55	3.92
6	PGF	319.36	87.05	107.53	-0.22	0.29	Highly soluble	High	No	No	No	-10.18	0.55	2.85
11	SSL	305.33	72.60	161.98	-2	1.97	Highly soluble	Low	No	No	No	-11.51	0.55	3.24
13	QITK	488.58	123.32	239.96	-1.65	1.67	Highly soluble	Low	No	Yes	No	-12.91	0.17	4.90
17	PIL	341.45	96.21	107.53	0.59	-0.2	Very soluble	High	No	Yes	No	-9.55	0.55	3.69
20	GGL	245.28	60.67	121.52	-1.1	1.32	Highly soluble	High	No	No	No	-10.15	0.55	2.31
22	QTAADQAR	859.88	204.08	472.63	-5.64	3.13	Highly soluble	Low	No	Yes	No	-18.22	0.17	7.25
24	GIIR	457.57	120.84	212.52	-0.51	0.05	Highly soluble	Low	No	Yes	No	-10.75	0.17	4.69
26	AIVF	448.56	121.8	150.62	1.2	-1.4	Very soluble	Low	No	Yes	No	-9.46	0.55	4.22
29	PVQM	473.59	124.13	205.02	-1.3	1.23	Highly soluble	Low	No	No	No	-12.44	0.17	4.66
30	QIGL	429.51	109.84	193.71	-0.67	1.07	Highly soluble	Low	No	Yes	No	-11.68	0.17	4.14
42	GITDVF	650.72	164.39	266.35	-0.62	-1.07	Very soluble	Low	No	Yes	No	-11.75	0.11	5.69
44	SGISSAESL	849.88	200.46	414.34	-4.72	1.99	Highly soluble	Low	No	Yes	No	-16.81	0.11	7.02
53	AVL	301.38	79.89	121.52	-0.08	0.72	Highly soluble	High	No	No	No	-10.13	0.55	3.25
55	٧٧	280.32	74.56	112.65	0.01	0.25	Highly soluble	High	No	No	No	-9.80	0.55	2.64
60	Ц	244.33	67.28	92.42	0.49	0.25	Highly soluble	High	No	No	No	-9.00	0.55	2.87
67	۲IG	351.40	91.98	141.75	-0.02	0.14	Highly soluble	Low	No	No	No	-10.26	0.55	3.04
68	LPF	375.46	106.28	112.73	0.85	-0.86	Very soluble	High	No	Yes	No	-9.51	0.55	3.52
69	QIGLF	576.68	151.75	222.81	0.16	-0.55	Very soluble	Low	No	Yes	No	-11.53	0.17	5.00
70	VSP	301.34	78.14	132.96	-1.41	1.53	Highly soluble	Low	No	Yes	No	-11.20	0.55	3.27
71	LWE	446.5	118.01	174.61	0.41	-0.95	Very soluble	Low	No	No	No	-10.09	0.11	4.06
α indicat tained fr Class. Ph tion (Log	es active peptide from se om the unhydrolyzed scru armacokinetics: Gastroin Kp). Drug-likeness: Bioav	erial number list eening. Legend: testinal absorpti 'ailability Score (	ed in the supple Physicochemical ion (GIA), Blood- (BS), Medicinal ci	mentary file Tabl I properties: Mol -brain barrier (BB :hemistry: Synthe	le s1, where p ecular weight sB), P-glycopro :tic accessibilit	eptides 1–65 were (MW), Molar Refra tein (P-gp) substra ty (SA).	peptides obtained fro ictivity (MR), Total pol. te, Inhibition of Cytocl	m enzymat ar surface a hrome P45(	ic hydroly: irea (TPSA) ) (CYPs) ty	zed proteir ). Lipophilic pe CYP1A2	, and peptide 66 ity: Consensus L , CYP2C19, CYP2	5–71 were the .og P. Water so .C9, CYP2D6, a	most active lubility: ESC nd CYP3A4,	peptides ob- L Log S, ESOL Skin permea-

Fatoki et al.

	It doe has to see			Predicted Ph	ysicochemical Pa	arameter		
α	tides (Ligands)	Toxicity	Hemolytic (SVM score)	рі	Hydropho- bicity	Hydro- pathicity	Hydro- philicity	Charge
1	GSIGAASM	No	0.49	5.88	0.16	0.95	-0.44	0.00
3	CPIAIM	No	0.49	5.85	0.32	2.27	-1.07	0.00
4	SAL	No	0.49	5.88	0.17	1.60	-0.67	0.00
5	GAK	No	0.49	9.11	-0.23	-0.83	0.83	1.00
8	VVR	No	0.49	10.11	-0.23	1.30	0.00	1.00
9	PGF	No	0.49	5.88	0.23	0.27	-0.83	0.00
11	SSL	No	0.49	5.88	0.00	0.73	-0.40	0.00
13	QITK	No	0.49	9.11	-0.31	-0.90	0.25	1.00
17	PIL	No	0.49	5.88	0.40	2.23	-1.20	0.00
20	GGL	No	0.49	5.88	0.28	1.00	-0.60	0.00
22	QTAADQAR	No	0.49	6.19	-0.41	-1.29	0.56	0.00
24	GIIR	No	0.49	10.11	-0.03	1.02	-0.15	1.00
26	AIVF	No	0.49	5.88	0.53	3.33	-1.57	0.00
29	PVQM	No	0.49	5.88	0.01	0.25	-0.65	0.00
30	QIGL	No	0.49	5.88	0.18	1.10	-0.85	0.00
42	GITDVF	No	0.49	3.80	0.19	1.15	-0.53	-1.00
44	SGISSAESL	No	0.49	4.00	0.00	0.33	0.01	-1.00
53	AVL	No	0.49	5.88	0.44	3.27	-1.27	0.00
55	VY	No	0.49	5.88	0.28	1.45	-1.90	0.00
60	IL	No	0.49	5.88	0.63	4.15	-1.80	0.00
67	YLG	No	0.49	5.88	0.24	0.70	-1.37	0.00
68	LPF	No	0.49	5.88	0.36	1.67	-1.43	0.00
69	QIGLF	No	0.49	5.88	0.27	1.44	-1.18	0.00
70	VSP	No	0.49	5.88	0.07	0.60	-0.40	0.00
71	LWE	No	0.49	4.00	0.09	-0.20	-0.73	-1.00

Table 6. Predicted physicochemical properties of ovalbumin protein hydrolysates

 $\alpha$  indicates active peptide from serial number listed in the supplementary file Table s1, where peptides 1–65 were peptides obtained from enzymatic hydrolyzed protein, and peptide 66–71 were the most active peptides obtained from the unhydrolyzed screening. ToxinPred webserver based on support vector machine (SVM) score: positive (YES) or negative (NO). Hemolytic prediction based on SVM score.

# sen et al., 1999).

The results of this study (Table 3) showed that most of the ovalbumin hydrolysate dipeptides obtained were not predicted to be bioactive against targets at a minimum of 25% probability. The prediction provided 18 protein targets in humans that may be modulated by the selected hydrolysate peptides of ovalbumin. These protein targets are involved in several disease processes, including hypertension (angiotensin-converting enzyme); immune diseases (beta-secretase 1, cathepsin B, calpain-1, complement factor B, and HLA class I histocompatibility antigen); diabetes (dipeptidyl peptidase 4, and sodium/glucose cotransporter 1); microbial infection (furin, integrin alpha-V/beta-6); and inflammation (prostaglandin G/H synthase 2 or cyclooxygenase 2, HMG-CoA reductase, protein farnesyltransferase, E3 ubiquitin-protein ligase XIAP, and tyrosine-tRNA ligase). In this study, peptides GSIGAASM, CPIAIM, SAL, GAK, SSL, SGISSAESL, AVL, which targeted HLA class I histocompatibility antigen A-3, all have hydrophobic amino acids at the position before the anchor residues (Met, Leu or Lys) at the C-terminus. This study showed that peptides VVR and GIIR had the same Arg at the C-terminus, and they can bind to furin. Peptides PGF, AIVF, LPF and QIGLF, contained the amino acid Phe at the C-terminus, and they can bind to angiotensin converting enzyme (ACE). Peptides PIL, QIGL, AVL, possessed the amino acid Leu at the C-terminus, and they can bind to DPP-IV to possibly exert mild inhibitory effects based on their calculated dissociation constant ( $k_d$ ).

Ovalbumin is a well-known source of peptides that possess antihypertensive, anticancer, anti-inflammatory and antioxidant activities (Nolasco et al., 2019) as shown in Tables 1 and 2. Previous works have reported that hydrolysis of egg white ovalbumin with pepsin produced peptides, of which two peptides, YREERYPILRADHPFL and IVF, showed strong ACE-inhibitory activities, vasodilation effect, and reduction of blood pressure in hypertensive rats (Miguel et al., 2007; Miguel and Aleixandre,

# Table 7. Predicted therapeutic potential of the peptides

	Undrohverte nontides (Lise	ando)	Antimicrobia	al*	Antioxi-	Antican-	Anti-inflam-
α	Hydrolysate peptides (Liga	Antibacterial	Antiviral	Antifungal	dant**	cer***	matory****
1	GSIGAASM	YES	NO	YES	NO	NO	LOW
3	CPIAIM	YES	YES	YES	NO	YES	LOW
4	SAL	NO	NO	NO	NO	YES	NO
5	GAK	YES	YES	YES	NO	NO	NO
8	VVR	YES	YES	NO	NO	YES	NO
9	PGF	YES	YES	YES	NO	YES	NO
11	SSL	YES	NO	NO	NO	YES	NO
13	QITK	YES	YES	NO	NO	YES	NO
17	PIL	YES	YES	YES	NO	YES	NO
20	GGL	YES	YES	YES	NO	NO	NO
22	QTAADQAR	NO	NO	NO	NO	YES	LOW
24	GIIR	YES	YES	YES	NO	NO	MEDIUM
26	AIVF	YES	NO	NO	NO	YES	LOW
29	PVQM	YES	YES	NO	NO	YES	NO
30	QIGL	YES	YES	YES	NO	YES	LOW
42	GITDVF	NO	NO	NO	NO	NO	NO
44	SGISSAESL	NO	NO	NO	NO	YES	LOW
53	AVL	YES	YES	NO	NO	YES	NO
55	VY	YES	YES	NO	NO	YES	NO
60	IL	YES	YES	YES	NO	YES	NO
67	YLG	YES	NO	NO	NO	YES	NO
68	LPF	YES	YES	YES	NO	YES	NO
69	QIGLF	YES	NO	YES	NO	YES	MEDIUM
70	VSP	NO	NO	NO	NO	YES	NO
71	LWE	YES	YES	NO	NO	YES	NO
**** Co	onfidence	Score range		Sensitivity		Specificity	
High	5	Score ≥ 0.468		63.22%		90.30%	
Medium	1 (	$0.468 > Score \ge 0.388$		71.90%		80.11%	
Low		0.388 >Score ≤ 0.342		78.39%		70.87%	

 $\alpha$  indicates active peptide from serial number listed in the supplementary file Table s1, where peptides 1–65 were peptides obtained from enzymatic hydrolyzed protein, and peptide 66–71 were the most active peptides obtained from the unhydrolyzed screening. \* = 0.5 Probability cut-off. \*\* = 0.5 Probability cut-off. \*\* = SVM score: positive (YES) or negative (NO).

2006). Furthermore, ovalbumin hydrolyzed with pepsin, trypsin, and  $\alpha$ -chymotrypsin produced seven angiotensin converting enzyme (ACE)-inhibiting peptides LKA, LKP, LAP, IKW, FQK-PKR, FKGRYYP, and IVGRPRHQG (Fujita et al., 2000). Some of the peptides produced from ovalbumin not only showed strong ACE-inhibitory effects but also lowered blood lipid levels (Manso et al., 2008). Three other ovalbumin peptide sequences, RVPSL, TNGIIR and QIGLF, exhibited high ACE-inhibitory activity with inhibitory concentration that reduced enzyme activity by 50% (IC<sub>50</sub>) values of 20, 70, and 75  $\mu$ M, respectively (Liu et al., 2010; Yu et al., 2011a, 2012a). However, some of the peptides shown

in Table 1, specifically EVSGL, QITKPN, LEPINF, ANENIF, AEAGVD, EAGVD, DHPFLF, HAEIN and QIGLF exhibited  $\alpha$ -amylase and  $\alpha$ -glucosidase inhibitory activities with high (>150  $\mu$ M) IC<sub>50</sub> values, and thus did not possess anti-diabetic activity (Yu et al., 2011b; 2012b).

The network analysis of target genes (Figure 2) shows overall effect of ovalbumin hydrolysate peptides obtained in this study on multiple kinases and transcription factors when ingested by humans. Polycomb protein SUZ12 (UniProt ID: Q15022) functions in biological processes that involve response to retinoic acid, spinal cord development, negative regulation of tyrosine phosphorylation

of STAT protein, and negative regulation of chemokine production (Cunningham and Duester, 2015; Corley and Kroll, 2015). Martínez-Blanco et al. (2020) reported that ovalbumin peptides obtained with pepsin enhanced the retinoic acid pathway on dendritic cells by activation of aldehyde dehydrogenase and transforming growth factor beta (TGF-β), through Toll-like receptor (TLR) interactions. This confers upon dendritic cells the ability to upregulate interleukin 10 (IL-10) as well as other tolerance-promoting mediators downstream of TRL signaling, such as IL-27, IL-33, Notch ligands, OX40L, and transcription factors such as Interferon regulatory factor 4 and 8 (IRF4 and IRF8). IRF8 (Uniprot ID: Q02556) is a transcription factor that binds to the upstream regulatory region of type I interferon (IFN) and IFN-inducible MHC class I genes. It mediates several biological functions such as defense response to bacterium and protozoan, positive regulation of interleukin-12 production, and transcription by RNA polymerase II (Berghout et al., 2013).

Results of this study also revealed homeodomain-interacting protein kinase 2 (HIPK2) as one of the key kinases modulated by ovalbumin hydrolysate peptides (Figure 2). HIPK2 (UniProt ID: Q9H2X6) is a serine/threonine-protein kinase involved in transcription regulation, p53/TP53-mediated cellular apoptosis, and cell cycle regulation. It is involved in the regulation of eye size, lens formation and retinal lamination during late embryogenesis (Inoue et al., 2010). Signal transducer and activator of transcription 3 (STAT3) acts in biological processes that involve glucose, temperature, and energy homeostasis, and inflammatory response, to mediate cellular responses to interleukins, leptins, peptide hormones, and other growth factors. Studies have shown that a specific STAT3 peptide aptamer decreased the expression level of Bcl-xL protein within the entire STAT3 pathway, as well as inhibition of STAT3 signaling, which led to the apoptosis in tumor cells (Borghouts et al., 2008; Nagel-Wolfrum et al., 2004).

Protein-peptide docking predicts the complex structure by sampling possible peptide binding conformations and ranking the putative complexes with an energy scoring function (London et al., 2013). The key concept of molecular docking is to develop an appropriate solution to elucidate the minimum free energy ( $\Delta G$ ) of interaction per mole of ligand (Pagadala et al., 2017). The molecular docking results showed the binding affinity of the ovalbumin peptides to their corresponding target proteins. Binding free energy ( $\Delta G$ ) scores of less than -5.0 kcal.mol<sup>-1</sup> show good binding affinity (Figure 3). The smaller the dissociation constant, the better the affinity between the ligand and the protein. A previous study has shown that PGF and CPIAIM interacted with ACE at H383 and E411 from the active site residues, and also at Q281, H353, H383, E411, F457, K511, H513, Y520 and Y523 from the stabilizing residues, while PIL and GGL interacted only with ACE stabilizing residues (Salim and Gan, 2020). Similarly, peptides ADF, CDR, MIR, FGR, and FK have been found to interact with the ACE active site residues Lys511 and His353 (Zhao et al., 2020).

The GI epithelium interacts with food proteins after modification with gastric acid, gastric and pancreatic enzymes, and brushborder proteases, leading mainly to the production of peptides and amino acids, which are absorbed depending on size, polarity and shape (Snoeck et al., 2005). Overall, the results of ADMET in this study (Table 5) showed that most of the peptides have low gastrointestinal absorption and are substrates of P-glycoprotein. These features limit the bioavailability of some peptides as orally administered therapeutics. Permeability glycoprotein also known as P-glycoprotein (P-gp; *MDR1*; ABCB1) is an efflux transporter that is present in the GI tract, BBB, liver, kidneys, and placenta in humans, where it actively transports a wide range of structurally and mechanistically diverse endogenous and xenobiotics across the cell membrane at the energy expense of ATP hydrolysis (Fa-

toki et al., 2020b). P-gp efflux and CYPs activity can profoundly impact BAPs pharmacokinetics by nutritionally altering their efficacy. The synthetic accessibility score (S) ranges between 1 (easy to make) and 10 (very difficult to make). The partition coefficient (LogP) and solubility coefficient (LogS) contribute to the bioavailability score (Diana et al., 2017; Sanni et al., 2017). Optimization of bioavailability of promising peptides is achievable through side-chain modification or the use of nanodelivery systems. Bioavailability could be affected by food properties including molecular weight, amino acid composition, chain length, sequence of amino acids, net charge, biostability or resistance to hydrolysis by GI tract-based proteases, and hydrophobicity or lipophilicity (Udenigwe et al., 2021; Sun et al., 2020; Wang et al., 2019, 2020). Bioaccessibility of bioactive proteins is vital to the concept of bioavailability, in that bioaccessibility of BAPs is mostly affected by interaction with food matrix constituents such as carbohydrates, lipids, proteins, phenolic compounds, and minerals, which occur during food processing, product formulation, and storage (Sun and Udenigwe, 2020).

The ovalbumin peptides with broad antimicrobial activities (anti-bacterial, antiviral and antifungal) as shown in Table 7, have a common amino acid residue Gly or Pro at position 1 or 2 of the N-terminal. Also, all the peptides with amino acid residue Glv at position 1 of N-terminal showed no anticancer activity, while all the peptides with anti-inflammatory activity have amino acid residue Ile, Gly, Ala, Ser, or Val at position 3 of the N-terminal, and the additional presence of the same amino acid residues at position 2 or 4 improved the anti-inflammatory specificity and sensitivity (Tables s3-s6). Although no antioxidant property was observed for the ovalbumin hydrolysate peptides in this study, the presence of nuclear factor erythroid 2-related factor 2 (NFE2L2) in Figure 2, which is transcription factor that plays a key role in the response to oxidative stress and cell redox homeostasis (https://www.uniprot.org/uniprot/ Q16236), showed that certain peptide sequences (VY and QITK) targeting N-formyl peptide receptor 2 (P25090) might possibly contribute to antioxidant property. N-formyl peptide receptor 2 interacts with the scavenger receptor in addition to mediating biological processes, which include positive regulation of superoxide anion generation (https://www.uniprot.org/uniprot/P25090).

#### 5. Conclusions

This study has provided insights on the potential fate of ovalbumin in the GI tract resulting from the combined hydrolytic actions of chymotrypsin, trypsin and pepsin. Data revealed that the GI protease treatment hydrolyzed the allergen sequences present in ovalbumin, which indicate production of a potentially hypoallergenic hydrolysate. Overall, results from binding affinity, pharmacokinetics and physicochemical properties, and therapeutic activity showed that PGF, SSL, GGL, AVL, VY, and IL are promising candidates for further studies. Also, this study reported peptide sequences that possess modulatory effects on existing and potential targets associated with hypertension, diabetes, and immunosuppression. Further work is needed to validate the predicted therapeutic properties of ovalbumin hydrolysate peptides using *in vitro* and *in vivo* techniques.

#### **Supplementary material**

Supplementary materials for this article are available at https://doi.org/10.31665/JFB.2022.17302.

Figure s1. Amino acid sequence of chicken ovalbumin (UniProt ID: P01012).

Figure s2. The cleavage number and sites of each of the proteases, obtained from peptidecutter.

Table s1. Ovalbumin hydrolysate peptides and their SMILES.

 Table s2. Predicted binding score of protein-protein interactions obtained from HPEPDOCK server.

Table s3. Anticancer activity prediction.

 Table s4. Antimicrobial activity prediction.

 Table s5. Anti-inflammatory activity prediction.

Table s6. Antioxidant activity prediction.

#### **Ethics statement**

No ethics statement.

# **Conflict of interest**

There are no conflicts of interest to declare.

# **Author contributions**

THF, REA and CCU designed the experiments, THF performed the experiments, analyzed the data, and wrote the draft manuscript. REA and CCU supervised the work and read and edited the manuscript

# References

- Abeyrathne, E.D.N.S., Lee, H.Y., and Ahn, D.U. (2013). Egg white proteins and their potential use in food processing or as nutraceutical and pharmaceutical agents - A review. Poult. Sci. 92: 3292–3299.
- Agyei, D., Tsopmo, A., and Udenigwe, C.C. (2018). Bioinformatics and peptidomics approaches to the discovery and analysis of food-derived bioactive peptides. Anal. Bioanal. Chem. 410: 3463–3472.
- Antony, P., and Vijayan, R. (2021). Bioactive Peptides as Potential Nutraceuticals for Diabetes Therapy: A Comprehensive Review. Int. J. Mol. Sci. 22: 9059.
- Arena, S., Renzone, G., and Scaloni, A. (2020). A multi-approach peptidomic analysis of hen egg white reveals novel putative bioactive molecules. J. Proteom. 215: 103646.
- Astwood, J.D., Leach, J.N., and Fuchs, R.L. (1996). Stability of food allergens to digestion in vitro. Nat. Biotechnol. 14: 1269–1273.
- Berghout, J., Langlais, D., Radovanovic, I., Tam, M., MacMicking, J.D., Stevenson, M.M., and Gros, P. (2013). Irf8-regulated genomic responses drive pathological inflammation during cerebral malaria. PLoS Pathog. 9(7): e1003491.
- Bernasconi, E., Fritsche, R., and Corthesy, B. (2006). Specific effects of denaturation, hydrolysis and exposure to Lactococcus lactis on bovine beta-lactoglobulin transepithelial transport, antigenicity and allergenicity. Clin. Exp. Allergy 36: 803–814.
- Blazquez, A.B., Knight, A.K., Getachew, H., Bromberg, J.S., Lira, S.A., Mayer, L., and Berin, M.C. (2010). A functional role for CCR6 on proallergic T cells in the gastrointestinal tract. Gastroenterology 138: 275–278.
- Borghouts, C., Kunz, C., Delis, N., and Groner, B. (2008). Monomeric re-

combinant peptide aptamers are required for efficient intracellular uptake and target inhibition. Mol. Cancer Res. 6: 267–81.

- Chalamaiah, M., Yu, W., and Wu, J. (2018). Immunomodulatory and anticancer protein hydrolysates (peptides) from food proteins: a review. Food Chem. 245: 205–222.
- Clarke, D.J.B., Kuleshov, M.V., Schilder, B.M., Torre, D., Duffy, M.E., Keenan, A.B., Lachmann, A., Feldmann, A.S., Gundersen, G.W., Silverstein, M.C., Wang, Z., and Ma'ayan, A. (2018). eXpression2Kinases (X2K) Web: linking expression signatures to upstream cell signaling networks. Nucleic. Acids Res. 46(W1): 171–179.
- Corley, M., and Kroll, K.L. (2015). The roles and regulation of Polycomb complexes in neural development. Cell Tissue Res. 359(1): 65–85.
- Cunningham, T.J., and Duester, G. (2015). Mechanisms of retinoic acid signalling and its roles in organ and limb development. Nat. Rev. Mol. Cell Biol. 16(2): 110–123.
- Daliri, E., Oh, D., and Lee, B. (2017). Bioactive peptides. Foods 6: 32.
- Diana, A., Michielin, O., and Zoete, V. (2017). SwissADME: a free web tool to evaluate pharmacokinetics, druglikeness and medicinal chemistry friendliness of small molecules. Sci. Rep. 7: 42717.
- Diana, A., Michielin, O., and Zoete, V. (2019). SwissTargetPrediction: updated data and new features for efficient prediction of protein targets of small molecules. Nucleic Acids Res. 47(W1): W357–W364.
- Famuwagun, A.A., Alashi, A.M., Gbadamosi, S.A., Taiwo, K.A., Oyedele, D.J., Adebooye, O.C., and Aluko, R.E. (2020). *In vitro* characterization of fluted pumpkin leaf protein hydrolysates and ultrafiltration of peptide fractions: antioxidant and enzyme-inhibitory properties. Pol. J. Food Nutr. Sci. 70(4): 429–443.
- Famuwagun, A.A., Alashi, A.M., Gbadamosi, S.O., Taiwo, K.A., Oyedele, D., Adebooye, O.C., and Aluko, R.E. (2021). Effect of protease type and peptide size on the in vitro antioxidant, antihypertensive and anti-diabetic activities of eggplant leaf protein hydrolysates. Foods 10: 1112.
- Fatoki, T.H., Awofisayo, O.A., Ibraheem, O., Oyedele, A.S., and Akinlolu, O.S. (2020b). *In silico* investigation of first-pass effect on selected small molecule excipients and structural dynamics of p-glycoprotein. Bioinf. Biol. Insights 14: 1–9.
- Fatoki, T.H., Ibraheem, O., Abolaji, A.O., and Sanni, D.M. (2020a). *In silico* study of anticarcinogenic potential of selenoprotein BthD from Drosophila melanogaster identify anticancer peptide CRSUR from the conserved region. Nova Biotech. et Chimica. 19(1): 37–51.
- Feng, P., Chen, W., and Lin, H. (2016). Identifying Antioxidant Proteins by Using Optimal Dipeptide Compositions. Interdiscip. Sci., Comput. Life Sci. 8(2): 186–191.
- FitzGerald, R.J., Cermeño, M., Khalesi, M., Kleekayai, T., and Amigo-Benavent, M. (2020). Application of in silico approaches for the generation of milk protein-derived bioactive peptides. J. Funct. Foods 64: 103636.
- Fujita, H., Yokoyama, K., and Yoshikawa, M. (2000). Classification and antihypertensive activity of Angiotensin I–converting enzyme inhibitory peptides derived from food proteins. Food Chem. Toxicol. 65: 564–569.
- Girgih, A.T., Nwachukwu, I.D., Iwar, M.I., Fagbemi, T.N., and Aluko, R.E. (2015). Kinetics of renin and angiotensin converting enzyme inhibition by african giant land snail (*Archachatina marginata*) protein hydrolysate and membrane ultrafiltration peptide Fractions. Austin. J. Nutri. Food Sci. 3(4): 1071.
- Guerin-Dubiard, C., Pasco, M., Molleä, D., DeSert, C., Croguennec, T., and Nau, F. (2006). Proteomic analysis of hen egg white. J. Agric. Food Chem. 54: 3901–3910.
- Gupta, S., Kapoor, P., Chaudhary, K., Gautam, A., Kumar, R., Open Source Drug Discovery Consortium, and Raghava, G.P.S. (2013). In Silico Approach for Predicting Toxicity of Peptides and Proteins. PLoS ONE 8(9): e73957.
- Iavarone, F., Desiderio, C., Vitali, A., Messana, I., Martelli, C., Castagnola, M., and Cabras, T. (2018). Cryptides: Latent peptides everywhere. Crit. Rev. Biochem. Mol. Biol. 53: 246–263.
- Inoue, T., Kagawa, T., Inoue-Mochita, M., Isono, K., Ohtsu, N., Nobuhisa, I., Fukushima, M., Tanihara, H., and Taga, T. (2010). Involvement of the Hipk family in regulation of eyeball size, lens formation and retinal morphogenesis. FEBS Lett. 584(14): 3233–3238.
- Jakubczyk, A., Karas, M., Rybczynska-Tkaczyk, K., Zielinska, E., and Zielinski, D. (2020). Current Trends of Bioactive Peptides—New Sources

and Therapeutic Effect. Foods 9: 846.

- Janssen, E.M., Wauben, M.H.M., Jonker, E.H., Hofman, G., Van Eden, W., Nijkamp, F.P., and Van Oosterhout, A.J.M. (1999). Opposite effects of immunotherapy with ovalbumin and the immunodominant T-cell epitope on airway eosinophilia and hyperresponsiveness in a murine model of allergic asthma. Am. J. Respir. Cell Mol. Biol. 21: 21–29.
- Khatun, M.S., Hasan, M.M., and Kurata, H. (2019). PreAIP: Computational Prediction of Anti-inflammatory Peptides by Integrating Multiple Complementary Features. Front. Genet. 10: 129.
- Kovacs-Nolan, J.K.N., Phillips, M., and Mine, Y. (2005). Advances in the value of eggs and egg components for human health. J. Agric. Food Chem. 53: 8421–8431.
- Liu, J.B., Yu, Z.P., Zhao, W.Z., Lin, S.Y., Wang, E.L., Zhang, Y., Hao, H., Wang, Z.Z., and Chen, F. (2010). Isolation and identification of angiotensinconverting enzyme inhibitory peptides from egg white protein hydrolysates. Food Chem. 122(4): 1159–1163.
- London, N., Raveh, B., and Schueler-Furman, O. (2013). Peptide docking and structure-based characterization of peptide binding: from knowledge to know-how. Curr. Opin. Struct. Biol. 23: 894–902.
- Lozano-Ojalvo, D., Martínez-Blanco, M., Pérez-Rodríguez, L., Molina, E., Peláez, C., Requena, T., and López-Fandiño, R. (2019). Egg white peptide-based immunotherapy enhances vitamin A metabolism and induces RORγt+ regulatory T cells. J. Funct. Foods. 52: 204–211.
- Lozano-Ojalvo, D., Pérez-Rodríguez, L., Pablos-Tanarro, A., Molina, E., and López-Fandiño, R. (2017). Hydrolysed ovalbumin offers more effective preventive and therapeutic protection against egg allergy than the intact protein. Clin. Exp. Allergy. 47: 1342–1354.
- Majumder, K., and Wu, J. (2010). A new approach for identification of novel antihypertensive peptides from egg proteins by QSAR and bioinformatics. Food Res. Int. 43(5): 1371–1378.
- Manso, M.A., Miguel, M., Even, J., Hernandez, R., Aleixandre, A., and Lopez-Fandino, R. (2008). Effect of the long-term intake of egg white hydrolysates on the oxidative status and blood lipid profile of spontaneously hypertensive rats. Food Chem. 109: 361–367.
- Manzanares, P., Gandía, M., Garrigues, S., and Marcos, J.F. (2019). Improving health-promoting effects of food-derived bioactive peptides through rational design and oral delivery strategies. Nutrients 11: 2545.
- Martínez-Blanco, M., Pérez-Rodríguez, L., Lozano-Ojalvo, D., Molina, E., and López-Fandiño, R. (2020). Ovalbumin-Derived Peptides Activate Retinoic Acid Signalling Pathways and Induce Regulatory Responses Through Toll-Like Receptor Interactions. Nutrients 12: 831.
- Meher, P.K., Sahu, T.K., Saini, V., and Rao, A.R. (2017). Predicting antimicrobial peptides with improved accuracy by incorporating the compositional, physico-chemical and structural features into Chou's general PseAAC. Sci. Rep. 7: 42362.
- Miguel, M., Alonso, M.J., Salaices, M., Aleixandre, A., and López-Fandiño, R. (2007). Antihypertensive, ACE-inhibitory and vasodilator properties of egg white hydrolysates: Effect of a simulated intestinal digestion. Food Chem. 104: 163–168.
- Miguel, M., and Aleixandre, A. (2006). Antihypertensive peptides derived from egg proteins. J. Nutr. 136: 1457–1460.
- Mine, Y., and Rupa, P. (2003). Fine mapping and structural analysis of immunodominant IgE allergenic epitopes in chicken egg ovalbumin. Protein. Eng. 16(10): 747–752.
- Minkiewicz, P., Iwaniak, A., and Darewicz, M. (2019). BIOPEP-UWM Database of Bioactive Peptides: Current Opportunities. Int. J. Mol. Sci. 20: 5978.
- Nagel-Wolfrum, K., Buerger, C., Wittig, I., Butz, K., Hoppe-Seyler, F., and Groner, B. (2004). The interaction of specific peptide aptamers with the DNA binding domain and the dimerization domain of the transcription factor Stat3 inhibits transactivation and induces apoptosis in tumor cells. Mol. Cancer Res. 2: 170–182.
- Nakajima-Adachi, H., Ebihara, A., Kikuchi, A., Ishida, T., Sasaki, K., Hirano, K., Watanabe, H., Asai, K., Takahashi, Y., Kanamori, Y., Shimojo, N., Matsuda, H., Kohno, Y., Hachimura, S., and Kaminogawa, S.J. (2006).
   Food antigen causes TH2-dependent enteropathy followed by tissue repair in T-cell receptor transgenic mice. Allergy Clin. Immunol. 117: 1125–1132.
- Nakajima-Adachi, H., Koike, E., Totsuka, M., Hiraide, E., Wakatsuki, Y., Kiyono, H., and Hachimura, S. (2012). Two Distinct Epitopes on the

Ovalbumin 323-339 Peptide Differentiating CD4+T Cells into the Th2 or Th1 Phenotype, Biosci. Biotech. Biochem. 76(10): 1979–1981.

- Nelson, R.W., Beisang, D., Tubo, N.J., Dileepan, T., Wiesner, D.L., Nielsen, K., Wuthrich, M., Klein, B.S., Kotov, D.I., Spanier, J.A., Fife, B.T., Moon, J.J., and Jenkins, M.K. (2015). T Cell Receptor Cross-Reactivity between Similar Foreign and Self Peptides Influences Naive Cell Population Size and Autoimmunity. Immunity 42: 95–107.
- Nolasco, E., Guha, S., and Majumder, K. (2019). Eggs as Functional Foods and Nutraceuticals for Human Health. In: Wu, J. (Ed.). Bioactive Egg Proteins. Food Chemistry, Function and Analysis No. 14. The Royal Society of Chemistry, United Kingdom, pp. 223–253.
- Pagadala, N.S., Syed, K., and Tuszynski, J. (2017). Software for molecular docking: A review. Biophysical Rev. 9(2): 91–102.
- Salim, M.A.S.M., and Gan, C.-Y. (2020). Dual-function peptides derived from egg white ovalbumin: Bioinformatics identification with validation using *in vitro* assay. J. Funct. Foods. 64: 103618.
- Sánchez, A., and Vázquez, A. (2017). Bioactive peptides: A review. Food Qual. Saf. 1: 29–46.
- Sanni, D.M., Fatoki, T.H., Kolawole, A.O., and Akinmoladun, A.C. (2017). Xeronine structure and function: comparative mastery of its mystery. In Silico Pharmacol. 5(8): 1–7.
- Shimojo, N., Katsuki, T., Coligan, J.E., Nishimura, Y., Sasazuki, T., Tsunoo, H., Sakamaki, T., Kohno, Y., and Niimi, H. (1994). Identification of the disease-related T Cell epitope of ovalbumin and epitope-targeted T Cell inactivation in egg allergy. Int. Arch. Allergy Immunol. 105: 155–161.
- Snoeck, V., Goddeeris, B., and Cox, E. (2005). The role of enterocytes in the intestinal barrier function and antigen uptake. Microb. Infect. 7: 997–1004.
- Stein, P.E., Leslie, A.G.W., Finch, J.T., and Carrell, R.W. (1991). crystal Structure of Uncleaved Ovalbumin at I-95 A Resolution. J. Mol. Biol. 221: 941–959.
- Sun, X., Acquah, C., Aluko, R.E., and Udenigwe, C.C. (2020). Considering food matrix and gastrointestinal effects in enhancing bioactive peptide absorption and bioavailability. J. Funct Foods. 64: 103680.
- Sun, X., and Udenigwe, C.C. (2020). Chemistry and Biofunctional Significance of Bioactive Peptide Interactions with Food and Gut Components. J. Agric. Food Chem. 68(46): 12972–12977.
- Tyagi, A., Kapoor, P., Kumar, R., Chaudhary, K., Gautam, A., and Raghava, G.P.S. (2013). *In Silico* Models for Designing and Discovering Novel Anticancer Peptides. Sci. Rep. 3: 2984.
- Udenigwe, C.C., Abioye, R.O., Okagu, I.U., and Obeme-Nmom, J.I. (2021). Bioaccessibility of bioactive peptides: recent advances and perspectives. Curr. Opin. Food Sci. 39: 182–189.
- Udenigwe, C.C., and Aluko, R.E. (2012). Food protein-derived bioactive peptides: Production, processing, and potential health benefits. J. Food Sci. 77(1): R11–R24.
- Untersmayr, E., and Jensen-Jarolim, E. (2008). The role of protein digestibility and antacids on food allergy outcomes. J. Allergy Clin. Immunol. 121: 1301–1310.
- Untersmayr, E., Scholl, I., Swoboda, I., Beil, W.J., Forster-Waldl, E., Walter, F., Riemer, A., Kraml, G., Kinaciyan, T., Spitzauer, S., Boltz-Nitulescu, G., Scheiner, O., and Jensen-Jarolim, E. (2003). Antacid medication inhibits digestion of dietary proteins and causes food allergy: a fish allergy model in BALB/c mice. J. Allergy Clin. Immunol. 112: 616–623.
- Verhoeckx, K., Bogh, K.L., Dupont, D., Egger, L., Gadermaier, G., Larre, C., Mackie, A., Menard, O., Adel-Patient, K., Picariello, G., Portmann, R., Smit, J., Turner, P., Untersmayr, E., and Epstein, M.M. (2019). The relevance of a digestibility evaluation in the allergenicity risk assessment of novel proteins. Opinion of a joint initiative of COST action ImpARAS and COST action INFOGEST. Food Chem. Toxicol. 129: 405–423.
- Verhoeckx, K.C., Vissers, Y.M., Baumert, J.L., Faludi, R., Feys, M., Flanagan, S., Herouet-Guicheney, C., Holzhauser, T., Shimojo, R., van der Bolt, N., Wichers, H., and Kimber, I. (2015). Food processing and allergenicity. Food Chem. Toxicol. 80: 223–240.
- Wang, B., Xie, N., and Li, B. (2019). Influence of peptide characteristics on their stability, intestinal transport, and in vitro bioavailability: a review. J. Food Biochem. 43: e12571.
- Wang, L., Ding, L., Du, Z., and Liu, J. (2020). Effects of hydrophobicity and molecular weight on the transport permeability of oligopeptides across Caco-2 cell monolayers. J. Food Biochem. 44: e13188.

- Wu, J., Mao, C., Zhang, W., and Cheng, Y. (2020). Prediction and Identification of Antioxidant Peptides in Potato Protein Hydrolysate. J. Food Qual. 2020: 8889555.
- Xu, Q., Hong, H., Wu, J., and Yan, X. (2019). Bioavailability of bioactive peptides derived from food proteins across the intestinal epithelial membrane: A review. Trends Food Sci. Tech. 86: 399–411.
- Xue, L., Rodrigues, J., Kastritis, P., Bonvin, A.M.J.J., and Vangone, A. (2016). PRODIGY: a web-server for predicting the binding affinity in proteinprotein complexes. Bioinformatics 32(23): 3676–3678.
- Yada, R.Y. (2017). Plant proteases for bioactive peptides release: A review. Crit. Rev. Food Sci. Nutr. 8398: 2147–2163.
- Yu, Z., Yin, Y., Zhao, W., Liu, J., and Chen, F. (2012b). Anti-diabetic activity peptides from albumin against α-glucosidase and α-amylase. Food Chem. 135(3): 2078–2085.
- Yu, Z., Liu, B., Zhao, W., Yin, Y., Liu, J., and Chen, F. (2012a). Primary and

secondary of novel ACE-inhibitory peptides from egg white protein. Food Chem. 133: 315–322.

- Yu, Z., Yin, Y., Zhao, W., Yu, Y., Liu, B., Liu, J., and Chen, F. (2011b). Novel peptides derived from egg white protein inhibiting alpha-glucosidase. Food Chem. 129(4): 1376–1382.
- Yu, Z.P., Zhao, W.Z., Liu, J.B., Lu, J., and Chen, F. (2011a). QIGLF, a novel angiotensin I-converting enzyme-inhibitory peptide from egg white protein. J. Sci. Food Agric. 91(5): 921–926.
- Zhao, W., Zhang, D., Yua, Z., Ding, L., and Liu, J. (2020). Novel membrane peptidase inhibitory peptides with activity against angiotensin converting enzyme and dipeptidyl peptidase IV identified from hen eggs. J. Funct. Foods 64: 103649.
- Zhou, P., Jin, B., Li, H., and Huang, S.-Y. (2018). HPEPDOCK: a web server for blind peptide-protein docking based on a hierarchical algorithm. Nucleic. Acids Res. 6(W1): W443–W450.